

CATCH THEM DOING RIGHT!!!™

Solution Focused Approach to Motivation and Behaviour Management

Daniel Ang Kok Ser

Inclusive-Solutions

Introduction:

A successful coach does not only catch his players doing the wrong things but also catches the players doing the right things. He then coaches, motivates and guides the players to practise the right things until it becomes a habit!

Catch Them Doing Right!!! Use similar concept to increase the efficacy of students in behaviour and motivation. Students know very quickly when they run afoul of school rules. However, their frequent good behaviours and efforts usually go unnoticed by the teachers.

Catch Them Doing Right!! Believes that change comes from positive moments shown by the students unnoticed by the teachers! It seeks to equip teachers with solution focused skills to elicit those moments in interacting with the students to increase their motivation in academic pursuit as well as good behaviour.

Catch Them Doing Right!!! Uses the well tested strength based approach in experiential psychotherapy and social cognition learning theory in working with students' motivation and discipline! The skill is easily learned and understood. To become a practitioner, the teachers need to have a mindset shift to view students as the experts who have answers to their own problems!

Objective: At the end of the workshop, participants will be able to;

1. Use solution focused skills in interacting with students
2. Understand student's self-efficacy and apply solution focused skills to increase student's academic motivation
3. Apply solution focused tools to improve classroom management for higher engagement of learning
4. Integrating Solution focused skills into Restorative Practice

Outline of Workshop:

Five half day workshop or a two and a half day workshop

A. Workshop Module

Workshop 1: Principles of solution focused

Workshop 2: Solution Focused core skills (1 Full day or 2 half day)

Day Three: Applying Solution Focused Skills in academic motivation

Day Four: Classroom Solutions

B. Coaching Module

The Students Work Services will provide observation and feedback sessions of the utilisation of the skills by teachers after the workshop.

1. Observation in the classroom for classroom solutions
2. Observation with individual teachers when working with students with issues
3. Coaching with groups or individual teachers

Trainer

Daniel Ang Kok Ser

Daniel has an MA in Education and Human Development, Graduate Diploma in Solution Focused Therapy and a trained Masterclass Level practitioner of Ericksonian Psychotherapy and Hypnotherapy. He has worked with schools for more than 5 years and has piloted an Education Resilience Programme with Jurong Secondary School. He is collaborating with Jurong's future school pilot project by designing and running the Social Emotional Learning components. He is currently providing supervision and training with schools that are using the solution focused approach to working with students.

He is currently the Executive Director of Lutheran Community Care Services Ltd and also an Associate Trainer and Therapist with the Academy of Solutions Focused. The Organisation is well known as a practitioner of Solution Focused Brief Therapy approach in working with clients.